

# OCT 2023

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

\*menu subject to change without notice\*

SUN MON TUE WED THU FRI SAT

01

French Toast Sticks  
Sausage Links  
Breakfast Potatoes  
Baked Apples  
Fruit & Milk

02

Chicken Patty  
Sandwich  
Sweet Potato  
Fries  
Cooked Carrots  
Fruit & Milk  
Picture Retakes

03

Build -a- Burrito  
Rice  
Black Beans  
Sweet Roll  
Fruit & Milk

04

**No School**  
**NO LUNCH**  
Teacher  
Heartland  
Conference

05

**No School**  
**NO LUNCH**  
Teacher Heartland  
Conference

06

07

08

Baked Potato Bar  
Steamed Broccoli  
Chili Beans  
Pretzel Sticks  
Fruit & Milk

09

Pulled Pork  
Sugar Snap Peas  
Baked Beans  
Chips  
Fruit & Milk

10

Chicken Strips  
French Fries  
California Blend  
Veggies  
Fruit & Milk

11

Chili Soup  
Lettuce & Raw  
Carrots  
Cheese Stick  
Cinnamon/  
Caramel Roll  
Fruit & Milk

12

Teriyaki or Plain  
Chicken  
Rice  
Stir Fry Veggies  
Jello/Yogurt  
Fruit & Milk

13

14

15

Steak & Scrambled  
Eggs  
Breakfast Potatoes  
Sweet Peppers  
Sweet Roll  
Fruit & Milk

16

Walking Taco  
Potato Coins  
Refried Beans  
Fruit & Milk

17

Boneless Wings  
Raw Carrots  
Potato Wedges  
Dinner Roll  
Fruit & Milk

18

Chicken Parmesan  
Noodles & Sauce  
Cashew Lettuce  
Salad  
Fruit & Milk

19

1:30 out 20

Italian Dunkers  
Marinara Sauce  
OR Meat Sauce  
Broccoli  
Fruit & Milk

21

22

Pork Chopette  
Mashed Potatoes  
Corn  
Dinner Roll  
Fruit & Milk

23

Build a Burger  
Sugar Snap Peas  
Baked Beans  
Chips  
Fruit & Milk

24

Chapel 25

Chicken Nuggets  
French Fries  
California Blend  
Veggies  
Fruit & Milk

26

Spaghetti  
Lettuce  
Bread Stick  
Cheese Stick  
Fruit & Milk

27

**Noon Dismissal**  
**NO LUNCH**  
End of 1<sup>st</sup> Quarter

28

29

French Toast Sticks  
Sausage Links  
Breakfast Potatoes  
Baked Apples  
Fruit & Milk

30

Chicken Patty  
Sandwich  
Sweet Potato  
Fries  
Cooked Carrots  
Fruit & Milk

31

Build -a- Burrito  
Rice  
Black Beans  
Sweet Roll  
Fruit & Milk

Chicken Alfredo  
Bake  
Garlic Cheese  
Bread  
Tiger Salad  
Fruit & Milk

Corndogs or Bone  
in Ribs  
Mac & Cheese  
Green Beans  
Fruit & Milk